

# Lilleshall Sprints

June 29, 2024

## RESULTS

### Course 1 - 1.7km

Pos	Name	Club	Age Class	Time	Behind
1st	Patrick Tranter	RAFO	M60	13:10	
2nd	Harriet Allinson	WRE	W16	14:47	+1:37
3rd	John Robinson		M70	14:53	+1:43
4th	Steve Collins	WRE	M55	15:02	+1:52
5th	Eric Heritage	LEI	M65	15:45	+2:35
6th	Andrew Beaty	RAFO	M45	15:52	+2:42
7th	Julia Allinson	WRE	W45	16:57	+3:47
8th	Barry Houghton	HOC	M75	17:13	+4:03
9th	Grace Allinson	WRE	W16	18:33	+5:23
10th	Mark Pearson	WRE	M60	19:14	+6:04
11th	David Deakin	WRE	M65	22:24	+9:14
12th	Eva Spurling	WRE	W20	24:21	+11:11
13th	Barry McGowan	HOC	M75	25:33	+12:23
14th	Derek Turner	WRE	M85	27:58	+14:48
15th	Janet Hill	WRE	W70	28:44	+15:34
16th	Jessica Weaver	WRE	W14	32:16	+19:06
17th	Andrew Weaver	WRE	M40	32:21	+19:11
18th	Stephen Nightingale		M75	39:18	+26:08
	Tony Callow	WRE	M55	m4	
	Maria Murphy	WRE	W50	mS	

### Course 2 - 1.7km

Pos	Name	Club	Age Class	Time	Behind
1st	Patrick Tranter	RAFO	M60	10:25	
2nd	James Block	WRE	M55	10:56	+0:31
3rd	Mark Pearson	WRE	M60	11:40	+1:15
4th	Harriet Allinson	WRE	W16	11:58	+1:33
5th	Andrew Weaver	WRE	M40	12:14	+1:49
6th	Tony Callow	WRE	M55	12:37	+2:12
7th	Andrew Beaty	RAFO	M45	13:12	+2:47
8th	Eric Heritage	LEI	M65	13:16	+2:51
9th	Andrew White	WRE	M65	13:45	+3:20
10th	John Robinson		M70	13:47	+3:22
11th	Gemma Block	WRE	W20	14:17	+3:52
12th	Barry Houghton	HOC	M75	14:58	+4:33
13th	Grace Allinson	WRE	W16	15:04	+4:39
14th	Maria Murphy	WRE	W50	15:19	+4:54
15th	Steve Collins	WRE	M55	15:26	+5:01
16th	Julia Allinson	WRE	W45	16:01	+5:36
17th	Richard Rogers	WRE	M60	16:25	+6:00
18th	Eva Spurling	WRE	W20	19:46	+9:21
19th	David Deakin	WRE	M65	21:28	+11:03
20th	Katie Lewis	WRE	W40	21:31	+11:06
21st	Jessica Weaver	WRE	W14	21:44	+11:19
22nd	Edward Lewis	WRE	M10	22:27	+12:02
23rd	Barry McGowan	HOC	M75	23:43	+13:18
24th	Robert Vickers	HOC	M80	25:57	+15:32
25th	Stephen Nightingale		M75	31:10	+20:45

### Course 3 - 1.9km

Pos	Name	Club	Age Class	Time	Behind
1st	Patrick Tranter	RAFO	M60	14:39	
2nd	Tony Callow	WRE	M55	16:39	+2:00
3rd	Andrew Weaver	WRE	M40	16:49	+2:10
4th	Harriet Allinson	WRE	W16	17:31	+2:52
5th	John Robinson	WCH	M70	17:37	+2:58

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### Course 3 - 1.9km

Pos	Name	Club	Age Class	Time	Behind
6th	Katie Lewis	WRE	W40	<b>17:48</b>	+3:09
7th	Andrew White	WRE	M65	<b>17:50</b>	+3:11
8th	Eric Heritage	LEI	M65	<b>17:54</b>	+3:15
9th	Mark Pearson	WRE	M60	<b>18:09</b>	+3:30
10th	James Block	WRE	M55	<b>18:21</b>	+3:42
11th	Gemma Block	WRE	W20	<b>18:47</b>	+4:08
12th	Steve Collins	WRE	M55	<b>19:07</b>	+4:28
13th	Barry Houghton	HOC	M75	<b>19:53</b>	+5:14
14th	Eva Spurling	WRE	W20	<b>24:35</b>	+9:56
15th	Maria Murphy	WRE	W50	<b>25:27</b>	+10:48
16th	Grace Allinson	WRE	W16	<b>25:37</b>	+10:58
17th	David Deakin	WRE	M65	<b>28:30</b>	+13:51
18th	Barry McGowan	HOC	M75	<b>32:26</b>	+17:47
19th	Robert Vickers	HOC	M80	<b>34:36</b>	+19:57
	Barry Houghton	HOC	M75	<b>m6-7</b>	
	Andrew Beaty	RAFO	M45	<b>rtd</b>	

### Easy - 1.3km

Pos	Name	Club	Age Class	Time	Behind
1st	Edward Lewis	WRE	M10	<b>14:49</b>	
2nd	Evan Collins	WRE	M12	<b>15:07</b>	+0:18