

SinS Day 2: Stapeley

May 25, 2025

RESULTS

1 - Black - 6.6km 195m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Adam Fieldhouse	QO	M21 (1st)	M21	36:58	
2nd	Michael Hallett	BOK	M21 (2nd)	M21	40:02	+3:04
3rd	David Roome	SROC	M40 (1st)	M21	40:43	+3:45
4th	Reuben Lawson	NGOC	M20 (1st)	M20	40:50	+3:52
5th	Chloe Potter	SYO	W21 (1st)	M21	41:43	+4:45
6th	Freddie Lake	SBOC	M20 (2nd)	M20	41:45	+4:47
7th	Samuel Drinkwater	ERYRI	M21 (3rd)	M21	41:58	+5:00
8th	Dave Schorah	NOC	M35 (1st)	M21	42:06	+5:08
9th	Daniel Weaver	DEE	M21 (4th)	M21	42:37	+5:39
10th	Alistair Landels	OD	M55 (1st)	M21	42:51	+5:53
11th	Alex Matthew	EUOC	M21 (5th)	M21	42:57	+5:59
12th	Harry Bratcher-Howard	WIM	M18 (1st)	M18	44:35	+7:37
13th	Robert Holdway	POTOC	M40 (2nd)	M21	44:38	+7:40
14th=	Tim Kieniewicz	WRE	M40 (3rd)	M40	45:15	+8:17
14th=	Robert Elston	SARUM	M21 (6th)	Black	45:15	+8:17
16th	Eoghan Wiles	SOC	M21 (7th)	M21	45:47	+8:49
17th	Scott Collier	KERNO	M35 (2nd)	M21	46:22	+9:24
18th	Matt Haines	SLOW	M21 (8th)	M21	47:14	+10:16
19th	Jack Knight	KERNO	M20 (3rd)	M20	49:32	+12:34
20th	Daniel Cowley	NOR	M40 (4th)	M40	49:42	+12:44
21st	Robert Fieldhouse	QO	M21 (9th)	M21	49:59	+13:01
22nd	Kin Wai Lee	HOC	M35 (3rd)	M35	50:28	+13:30
23rd	Karen Parker	BL	W60 (1st)	Black	50:57	+13:59
24th	Andrew Snell	SOC	M50 (1st)	Black	51:09	+14:11
25th	Ash Field	SYO	M40 (5th)	Black	51:53	+14:55
26th	Tom Alcock	WIM	M21 (10th)	M21	53:47	+16:49
27th	Alex Fielding	HH	M21 (11th)	M21	53:54	+16:56
28th	Dan Parker	BL	M60 (1st)	Black	54:06	+17:08
29th	Thomas Jarvis	RAFO	M21 (12th)	M21	54:58	+18:00
30th	Tom Knight	KERNO	M18 (2nd)	M18	56:11	+19:13
31st	Christopher Sanderson	BOF	M35 (4th)	M35	56:47	+19:49
32nd	Yordan Kolev	SLOW	M35 (5th)	M35	56:49	+19:51
33rd	Daniel Hodson	HH	M21 (13th)	M21	57:35	+20:37
34th	George Rennie	WCOC	M18 (3rd)	M18	58:08	+21:10
35th	Stuart Mccreadie	WIM	M40 (6th)	M40	58:16	+21:18
36th	Monty Bratcher-Howard	WIM	M16 (1st)	Black	58:33	+21:35
37th	Joel McGraw	UBOC	M21 (14th)	M21	59:23	+22:25
38th	David Dunn	POTOC	M45 (1st)	Black	61:42	+24:44
39th	Alex Hudson	HOC	M40 (7th)	M40	62:33	+25:35
40th	Mark Hopkin	WAOC	M40 (8th)	M40	62:37	+25:39
41st	Oliver Lewis	QO	M18 (4th)	M18	62:49	+25:51
42nd	Adam Bushnell	WCH	M35 (6th)	M35	63:52	+26:54
43rd	Edward Stott	SLOW	M40 (9th)	M40	67:25	+30:27
44th	Gilbert Lee	DEE	M35 (7th)	M35	73:14	+36:16
45th	George Martin	CLOK	M20 (4th)	M20	74:51	+37:53
46th	Davide Foffa	HOC	M35 (8th)	M35	77:18	+40:20
47th	Matt Eaton	WAOC	M35 (9th)	M35	77:19	+40:21
48th	Alex Fox	HOC	M40 (10th)	M40	90:26	+53:28
	Sam Cottle	BOK	M21	M21	w11	
	James Thomas	HOC	M35	M35	w4	
	Laurence Ball	NOR	M35	M35	rtd	
	Richard Dixon	BAOC	M35	M35	m14-24	
	Luke Bennett	DFOK	M18	M21	w4	
	Thomas Lewis	WRE	M40	M40	m9	

SinS Day 2: Stapeley

May 25, 2025

RESULTS

2 - Brown - 5.4km 175m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Lawrence Hodgson	SYO	M16 (1st)	M16	32:25	
2nd	Marcus Perry	BOK	M16 (2nd)	M16	32:27	+0:02
3rd	Robin Irwin	SBOC	M16 (3rd)	M16	34:22	+1:57
4th	Peter Ward	NGOC	M55 (1st)	M55	34:45	+2:20
5th	James Ewart	LVO	M16 (4th)	M16	35:05	+2:40
6th	Ben Chesters	DEVON	M45 (1st)	M45	35:28	+3:03
7th	Iain Stamp	WCH	M45 (2nd)	M45	35:44	+3:19
8th	David Alcock	AIRE	M45 (3rd)	M45	36:31	+4:06
9th	Fraser Stamp	WCH	M16 (5th)	M16	36:44	+4:19
10th	Maxwell Groom	SYO	M16 (6th)	M16	36:52	+4:27
11th	Craig Thompson	HOC	M16 (7th)	M16	37:08	+4:43
12th	Nigel Bunn	TVOC	M60 (1st)	M55	37:32	+5:07
13th	Duncan Harris	DEE	M55 (2nd)	M55	37:35	+5:10
14th=	David Bowman	AIRE	M50 (1st)	M50	37:42	+5:17
14th=	Eoin Simpson	LEI	M16 (8th)	M16	37:42	+5:17
16th	Jamie Rennie	WCOG	M55 (3rd)	M55	37:44	+5:19
17th	Richard Barrett	BAOC	M55 (4th)	M55	38:00	+5:35
18th	Phillip Winskill	WCOG	M50 (2nd)	M50	38:11	+5:46
19th	Lyra Medlock	WSX	W18 (1st)	W21	38:12	+5:47
20th	Simon Hodgson	SYO	M50 (3rd)	M50	38:57	+6:32
21st	Adam Landels	OD	M16 (9th)	M16	39:04	+6:39
22nd	Steve Blackmore	HOC	M45 (4th)	M45	39:36	+7:11
23rd	Roger Thetford	TVOC	M60 (2nd)	M55	39:59	+7:34
24th	John Embrey	SROC	M65 (1st)	M55	40:03	+7:38
25th	Rolf Crook	AIRE	M50 (4th)	M50	40:08	+7:43
26th	Gareth Radcliffe	SUFFOC	M45 (5th)	M45	40:44	+8:19
27th	Tom Matthew	SROC	M50 (5th)	M50	40:57	+8:32
28th	Heather Roome	SROC	W40 (1st)	W21	40:59	+8:34
29th	Tommi Grover	BOK	M45 (6th)	M45	41:36	+9:11
30th	Jonathan Whilock	POTOC	M55 (5th)	M55	42:20	+9:55
31st	John Oakes	WIM	M50 (6th)	M50	42:23	+9:58
32nd	Ben Green	TVOC	M45 (7th)	M45	42:24	+9:59
33rd	Medlock Jolyon	WSX	M50 (7th)	M50	42:25	+10:00
34th	Philip Johnston-Davis	RAFO	M50 (8th)	Brown	42:26	+10:01
35th	Juliette Soulard	OD	W50 (1st)	W21	42:27	+10:02
36th	Laura Barrett	DEVON	W20 (1st)	W21	42:55	+10:30
37th	Christopher McCartney	HOC	M55 (6th)	M55	43:30	+11:05
38th	Peter Blackmore	HOC	M16 (10th)	M16	43:43	+11:18
39th	Anna Drinkwater	ERYRI	W21 (1st)	W21	43:53	+11:28
40th	Charles Mayes	CLOK	M55 (7th)	M55	43:59	+11:34
41st	Kevin Fielding	HH	M55 (8th)	M55	44:05	+11:40
42nd	Tony Howsam	IND	M45 (8th)	M45	44:10	+11:45
43rd	Kirsten Strain	AROS	W35 (1st)	W21	44:12	+11:47
44th	Will Kromhout	QO	M50 (9th)	M50	45:26	+13:01
45th	Adam Kent	SYO	M55 (9th)	M55	45:33	+13:08
46th	Isla Foffa	HOC	W21 (2nd)	W21	45:58	+13:33
47th	David Dixon	HH	M50 (10th)	M50	46:32	+14:07
48th	Ifor Powell	BOK	M55 (10th)	M55	47:00	+14:35
49th	Ivan Tang	OD	M50 (11th)	M50	47:51	+15:26
50th	Andrew Rowe	POTOC	M45 (9th)	M45	48:00	+15:35
51st	Hebe Darwin	WAOC	W18 (2nd)	W21	48:05	+15:40
52nd	Paul Gebbett	BOK	M55 (11th)	M55	48:49	+16:24
53rd	Dave Chaffey	DVO	M60 (3rd)	Brown	48:57	+16:32
54th	Andrew Reynolds	DEVON	M55 (12th)	M55	48:58	+16:33
55th	Philip Harvey	WIM	M50 (12th)	M50	49:17	+16:52
56th	Barry Elkington	OD	M65 (2nd)	Brown	49:31	+17:06
57th	Simon Kippin	TVOC	M55 (13th)	M55	49:45	+17:20
58th	Philip Bartram	NOR	M50 (13th)	M50	49:50	+17:25
59th=	John Tzanetis	DFOK	M55 (14th)	M55	49:53	+17:28

SinS Day 2: Stapeley

May 25, 2025

RESULTS

2 - Brown - 5.4km 175m

Pos	Name	Club	Age Class	Class	Time	Behind
59th=	Rebecca Mayes	CLOK	W18 (3rd)	Brown	49:53	+17:28
61st	Chris Rampton	WAOC	M60 (4th)	Brown	49:59	+17:34
62nd=	John Methven	BKO	M55 (15th)	M55	50:10	+17:45
62nd=	Stephen Elkington	OD	M21 (1st)	Brown	50:10	+17:45
64th	Chris Atkins	BOK	M45 (10th)	M45	50:30	+18:05
65th	Aaron Radcliffe	SUFFOC	M16 (11th)	M16	50:31	+18:06
66th	Nick Martin	CLOK	M55 (16th)	M55	50:40	+18:15
67th	Charles Gook	BADO	M55 (17th)	M55	51:07	+18:42
68th	Andrew Weaver	WRE	M45 (11th)	Brown	51:11	+18:46
69th	Brendan Bolland	WAROC	M55 (18th)	M55	51:48	+19:23
70th	Keith Bennett	DFOK	M50 (14th)	M50	52:52	+20:27
71st=	Steve Wilson	PFO	M50 (15th)	M50	53:33	+21:08
71st=	Alice Jacobsen	SOC	W21 (3rd)	W21	53:33	+21:08
73rd	Duncan Bayliss	WRE	M55 (19th)	M55	53:40	+21:15
74th	Rachel Potter	BOK	W21 (4th)	W21	53:57	+21:32
75th	Craig Smith	BOK	M55 (20th)	M55	54:08	+21:43
76th	Russell Finch	OD	M60 (5th)	Brown	54:25	+22:00
77th	David Cladingboel	LEI	M55 (21st)	M55	55:00	+22:35
78th	James Block	WRE	M55 (22nd)	M55	55:41	+23:16
79th	Craig Blackford	BADO	M55 (23rd)	M55	55:44	+23:19
80th	Sal Chaffey	DVO	W60 (1st)	Brown	55:48	+23:23
81st	Reg Simpson	DEE	M70 (1st)	Brown	55:56	+23:31
82nd	Richard Powell	WAOC	M45 (12th)	M45	56:31	+24:06
83rd	Doug Wilson	NGOC	M55 (24th)	M55	56:39	+24:14
84th	Neville Baker	TVOC	M70 (2nd)	Brown	56:50	+24:25
85th	Anne Edwards	LOC	W35 (2nd)	W21	57:39	+25:14
86th	Dickson Chungyin Tam	HH	M45 (13th)	M45	57:44	+25:19
87th	Guy Lidbury	HAVOC	M55 (25th)	M55	57:47	+25:22
88th	Jeff Pakes	QO	M50 (16th)	M50	57:58	+25:33
89th	Neil Speers	DFOK	M55 (26th)	M55	58:14	+25:49
90th	Paul Bryce	NGOC	M55 (27th)	M55	59:05	+26:40
91st	Alex Darwin	WAOC	M16 (12th)	M16	60:14	+27:49
92nd	Katherine Finch	LOK	W21 (5th)	Brown	60:22	+27:57
93rd	Mark George	NOR	M55 (28th)	Brown	61:11	+28:46
94th	Paul Gregson	OD	M45 (14th)	M45	61:31	+29:06
95th	Gerry Allan	BAOC	M55 (29th)	M55	62:02	+29:37
96th	Ka Man Leung	HOC	W21 (6th)	W21	62:40	+30:15
97th	Sarah Chaffey	LOK	W21 (7th)	W21	63:32	+31:07
98th	Mark Light	SOC	M55 (30th)	M55	63:37	+31:12
99th	Natalie Martin	CLOK	W21 (8th)	W21	63:51	+31:26
100th	Hazel Mudd	QO	W21 (9th)	W21	63:53	+31:28
101st	Julian Green	EPOC	M45 (15th)	M45	65:04	+32:39
102nd	Peter Langmaid	HOC	M55 (31st)	M55	66:08	+33:43
103rd	Andy Barker-Pilsworth	RAFO	M55 (32nd)	M55	66:12	+33:47
104th	Roy McGregor	SROC	M55 (33rd)	M55	66:25	+34:00
105th	David Howsam	SYO	M45 (16th)	M45	66:40	+34:15
106th	John Bass	HOC	M16 (13th)	M16	68:39	+36:14
107th	Marie-Anne Fischer	TVOC	W60 (2nd)	Brown	71:32	+39:07
108th	Ali White	BOK	W60 (3rd)	Brown	74:31	+42:06
109th	Kate Boshier	BOK	W21 (10th)	W21	77:35	+45:10
110th	Ian Wells	RAFO	M70 (3rd)	M50	90:05	+57:40
111th	Kai hong Lee	WAOC	M55 (34th)	M50	92:18	+59:53
	David Harrison	EPOC	M50	M50	w3	
	Steve Bailey	SN	M65	Brown	m10	
	Lap On Leung	HOC	M55	M55	m10	
	Alexander Jones	IND	M21	Brown	m9	
	Brian Cowe	WAOC	M45	M45	w3	

SinS Day 2: Stapeley

May 25, 2025

RESULTS

3 - Blue - 5km 140m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Clive Hallett	BOK	M60 (1st)	M60	33:02	
2nd	Charlie Adams	SYO	M60 (2nd)	M60	36:06	+3:04
3rd	Neil Crickmore	SO	M60 (3rd)	M60	36:30	+3:28
4th	David Lawson	OD	M60 (4th)	M60	38:04	+5:02
5th	Niall Reynolds	SBOC	M60 (5th)	M60	38:08	+5:06
6th	Jon Hateley	DEE	M60 (6th)	M60	38:26	+5:24
7th	David Williams	HOC	M60 (7th)	M60	38:45	+5:43
8th	Richard Pay	WRE	M60 (8th)	M60	38:55	+5:53
9th	Mike Johnson	SROC	M65 (1st)	Blue	39:37	+6:35
10th	Paul Fox	SN	M60 (9th)	M60	40:13	+7:11
11th	Andy Sykes	DVO	M60 (10th)	M60	40:17	+7:15
12th	Joyce Marshall	AIRE	W65 (1st)	Blue	40:47	+7:45
13th	Sara Currie	BOK	W40 (1st)	W40	41:06	+8:04
14th	Kerina Lake	SBOC	W45 (1st)	W35	41:08	+8:06
15th	Heather Kieniewicz	WRE	W40 (2nd)	W40	41:12	+8:10
16th	Emma Jarrett	WAOC	W45 (2nd)	W45	41:23	+8:21
17th	Mark Adams	HH	M60 (11th)	M60	41:39	+8:37
18th	Kerry Corkery	SARUM	W45 (3rd)	W45	41:58	+8:56
19th	Greg Hull	AIRE	M60 (12th)	M60	42:08	+9:06
20th	John Ferris-Worth	BL	M60 (13th)	Blue	42:12	+9:10
21st	Julian Bass	HOC	M60 (14th)	M60	42:22	+9:20
22nd	Duncan Innes	SWOC	M60 (15th)	M60	42:30	+9:28
23rd	Sally Calland	DVO	W50 (1st)	W45	42:47	+9:45
24th=	Christopher Ashenden	SN	M60 (16th=)	Blue	43:06	+10:04
24th=	Karl Kingsman	HOC	M60 (16th=)	M60	43:06	+10:04
26th	Andrew Henderson	WAOC	M60 (18th)	M60	43:11	+10:09
27th	David Hodson	HH	M60 (19th)	M60	43:41	+10:39
28th	Bethan Irwin	SBOC	W45 (4th)	W45	44:06	+11:04
29th	Julie Ferris-Worth	BL	W55 (1st)	Blue	45:10	+12:08
30th	Mark Saunders	BOK	M65 (2nd)	Blue	45:12	+12:10
31st	James Prince	DVO	M55 (1st)	Blue	45:13	+12:11
32nd	Steve Schofield	NOC	M60 (20th)	M60	45:17	+12:15
33rd	Sian Mitchell	HH	W45 (5th)	W45	45:20	+12:18
34th	Andrew Quickfall	SROC	M65 (3rd)	Blue	45:35	+12:33
35th	Richard Bostock	DFOK	M60 (21st)	M60	45:36	+12:34
36th	Tom Hartland	DVO	M50 (1st)	Blue	45:42	+12:40
37th	Michelle Spillar	WIM	W45 (6th)	Blue	45:44	+12:42
38th	Andy Allen	ERYRI	M60 (22nd)	M60	45:45	+12:43
39th	Marcus Tett	WRE	M60 (23rd)	M60	45:50	+12:48
40th	Michael John Belshaw	BOF	M60 (24th)	M60	46:03	+13:01
41st	Victoria McCreadie	WIM	W40 (3rd)	W40	46:30	+13:28
42nd	Adrian Moir	SWOC	M60 (25th)	M60	46:56	+13:54
43rd	Chris Moncaster	KERNO	M70 (1st)	Blue	46:57	+13:55
44th	Lizzie Irvine	ERYRI	W40 (4th)	W40	46:59	+13:57
45th	Kevin Booth	PFO	M60 (26th)	M60	47:03	+14:01
46th	Eva Spurling	WRE	W20 (1st)	W20	47:05	+14:03
47th	Kate Jarrett	WAOC	W16 (1st)	W16	47:49	+14:47
48th	Andy Rimes	QO	M60 (27th)	M60	47:52	+14:50
49th	Maria MacKenzie	EBOR	W45 (7th)	W45	47:53	+14:51
50th	Toni O'Donovan	LEI	W45 (8th)	W45	48:03	+15:01
51st	Helen Chiswell	DVO	W45 (9th)	W45	48:20	+15:18
52nd	Chris Hooker	SO	M60 (28th)	M60	48:22	+15:20
53rd	Greg Best	NGOC	M60 (29th)	M60	48:23	+15:21
54th	Olivia Stamp	WCH	W18 (1st)	W18	48:48	+15:46
55th	Paul Norman	SYO	M60 (30th)	M60	48:59	+15:57
56th	Eskarina Medlock	WSX	W16 (2nd)	W16	49:00	+15:58
57th	Johanna Powell	WAOC	W45 (10th)	W45	49:02	+16:00
58th	Lindsay McMillan	EPOC	W40 (5th)	W40	49:10	+16:08
59th	Margaux Hodgson	SYO	W18 (2nd)	W18	49:28	+16:26

SinS Day 2: Stapeley

May 25, 2025

RESULTS

3 - Blue - 5km 140m

Pos	Name	Club	Age Class	Class	Time	Behind
60th	Helen Bickle	WAOC	W40 (6th)	W40	50:07	+17:05
61st	Jenny Hauxwell	LOC	W45 (11th)	W45	50:12	+17:10
62nd	Michael Muggeridge	HAVOC	M60 (31st)	M60	50:28	+17:26
63rd	Louise Reynolds	SYO	W45 (12th)	W45	51:09	+18:07
64th	Catherine Wilson	PFO	W45 (13th)	W45	51:21	+18:19
65th	Ian Marshall	AIRE	M60 (32nd)	M60	51:28	+18:26
66th	Dennis Hooton	EBOR	M60 (33rd)	M60	51:57	+18:55
67th	Paul Craddy	BOK	M40 (1st)	Blue	52:04	+19:02
68th	Adrian Wise	SN	M60 (34th)	M60	52:48	+19:46
69th	Derick Mercer	BKO	M60 (35th)	M60	52:57	+19:55
70th	Jake Bennett	DFOK	M14 (1st)	Blue	53:36	+20:34
71st	Abigail Howsam	SYO	W16 (3rd)	W16	55:06	+22:04
72nd	Andy Bowes	CLARO	M55 (2nd)	Blue	55:18	+22:16
73rd	Katie Lewis	WRE	W40 (7th)	W40	55:36	+22:34
74th	Peter Martin	MV	M60 (36th)	M60	56:16	+23:14
75th=	Philip Bostock	NGOC	M60 (37th=)	M60	56:35	+23:33
75th=	Phil Conway	GO	M60 (37th=)	M60	56:35	+23:33
77th	Kerstin Mitchell	HOC	W55 (2nd)	Blue	56:39	+23:37
78th	Ian Farrell	MDOC	M40 (2nd)	Blue	56:57	+23:55
79th	Richard Rogers	WRE	M60 (39th)	M60	58:29	+25:27
80th	Dawn Figg	PFO	W55 (3rd)	Blue	59:28	+26:26
81st	Harriet Allinson	WRE	W16 (4th)	W16	59:31	+26:29
82nd	Andrew Evans	DFOK	M70 (2nd)	Blue	60:03	+27:01
83rd	Paul Goodhead	DVO	M60 (40th)	M60	60:15	+27:13
84th	Grace Allinson	WRE	W16 (5th)	W16	62:04	+29:02
85th	Ashley Buxton	DVO	M35 (1st)	Blue	63:49	+30:47
86th	Gearoid Oh-Eidhin	WCH	M60 (41st)	M60	64:10	+31:08
87th	Kevin Howe	BOK	M60 (42nd)	M60	65:28	+32:26
88th	Claire Stamp	WCH	W45 (14th)	W45	65:30	+32:28
89th	Katie Swalwell	DVO	W45 (15th)	W45	66:20	+33:18
90th	David Potter	BOK	M60 (43rd)	M60	67:04	+34:02
91st	Ruth Landrigan	BOK	W45 (16th)	W45	67:38	+34:36
92nd	Olivia Radcliffe	SUFFOC	W18 (3rd)	W18	67:39	+34:37
93rd	Andy Johnson	HOC	M60 (44th)	M60	69:18	+36:16
94th	Mark Tipuric	WRE	M60 (45th)	M60	73:35	+40:33
95th	Helen Alcock	AIRE	W40 (8th)	W40	74:25	+41:23
96th	Joanna Mee	SMOC	W45 (17th)	W45	76:08	+43:06
97th	Andrew Leedham	LOC	M60 (46th)	M60	77:45	+44:43
98th	Sofia Mee	SMOC	W16 (6th)	W16	77:53	+44:51
99th	Fiona Tam	SLOW	W35 (1st)	W35	79:31	+46:29
100th	Mark Dawson	CLOK	M60 (47th)	M60	79:40	+46:38
101st	Catherine Slade	SAX	W45 (18th)	W45	88:46	+55:44
102nd	Sunning Leung	SMOC	M60 (48th)	M60	90:49	+57:47
103rd	Rew Francis	HOC	M60 (49th)	M60	93:11	+60:09
104th	Amy Fox	HOC	W40 (9th)	W40	104:15	+71:13
	Jon Paton	SN	M65	M60	m4	
	Corrie Blackmore	HOC	W45	W45	w5	
	Grace French	WIM	W18	W18	m6-20	
	Kirsty Buxton	DVO	W35	W35	m1-9 m11-15 m17-23	
	Mike Brett	BAOC	M60	M60	w5	
	Alice Bedwell	BOK	W65	Blue	w5	

SinS Day 2: Stapeley

May 25, 2025

RESULTS

4a - Green Men - 4.7km 125m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	James Clemence	SWOC	M65 (1st)	M65	34:11	
2nd	Peter Haynes	WAO	M65 (2nd)	M65	36:15	+2:04
3rd	Mike Snell	ERYRI	M65 (3rd)	M65	37:29	+3:18
4th	Christopher Kelsey	BOK	M65 (4th)	M65	38:03	+3:52
5th	Ian Moran	SOC	M65 (5th)	M65	39:24	+5:13
6th	Ian Ditchfield	MV	M65 (6th)	M65	39:30	+5:19
7th	Dave Bales	BOF	M70 (1st)	M70	39:37	+5:26
8th	Paul Lane	SARUM	M65 (7th)	M65	39:58	+5:47
9th	John Leeson	HOC	M65 (8th)	M65	40:59	+6:48
10th	Adrian Taylor	DEVON	M70 (2nd)	M70	41:10	+6:59
11th	Christopher Calow	DEE	M70 (3rd)	M70	41:25	+7:14
12th	Brian Pearson	QO	M65 (9th)	M65	41:29	+7:18
13th	Robert King	AIRE	M65 (10th)	M65	41:35	+7:24
14th	John Britton	MDOC	M70 (4th)	M70	42:20	+8:09
15th	Graham Johnson	DVO	M70 (5th)	M70	42:38	+8:27
16th	Paul Bradbury	SYO	M65 (11th)	M65	42:44	+8:33
17th	Mike Frizzell	BADO	M65 (12th)	M65	42:55	+8:44
18th	Noel Schorah	DEE	M65 (13th)	M65	43:21	+9:10
19th	Andy Ellis	PFO	M65 (14th)	M65	43:41	+9:30
20th	Tony Davies	SROC	M75 (1st)	Green Men	43:45	+9:34
21st	Alan Honey	BOK	M65 (15th)	M65	44:03	+9:52
22nd	Dave Kingham	TVOC	M65 (16th)	M65	44:21	+10:10
23rd	Nick Dennis	BOK	M65 (17th)	M65	44:24	+10:13
24th	Paul Basher	HOC	M70 (6th)	M70	44:58	+10:47
25th	Mark Collins	DFOK	M65 (18th)	M65	45:07	+10:56
26th	Rob Hick	WSX	M65 (19th)	M65	46:05	+11:54
27th	Alan Pucill	NGOC	M65 (20th)	M65	47:17	+13:06
28th	Stephen Eastley	BL	M70 (7th)	M70	47:18	+13:07
29th	Ian Byrne	SMOC	M65 (21st)	M65	47:32	+13:21
30th	Richard Wilson	AIRE	M70 (8th)	M70	47:40	+13:29
31st	Lawrence Jones	WRE	M70 (9th)	M70	47:48	+13:37
32nd=	Ian Byford	HH	M65 (22nd)	M65	47:50	+13:39
32nd=	Vincent Joyce	SO	M70 (10th)	M70	47:50	+13:39
34th	Andrew Yeates	WCH	M65 (23rd)	M65	47:55	+13:44
35th	Andrew Lewsley	BL	M70 (11th)	M70	48:10	+13:59
36th	Richard Cummings	WCOC	M65 (24th)	M65	48:16	+14:05
37th	Ian Prosser	BAOC	M65 (25th)	M65	48:17	+14:06
38th	John Birtwistle	CLARO	M65 (26th)	M65	49:33	+15:22
39th	Stan Alexander	OD	M70 (12th)	M70	49:44	+15:33
40th	Mark Pearson	WRE	M65 (27th)	M65	50:45	+16:34
41st	Mikhail Gryaznevich	TVOC	M70 (13th)	M70	50:59	+16:48
42nd	Andrew Parkinson	SO	M70 (14th)	M70	51:05	+16:54
43rd	Roger Richards	WCH	M75 (2nd)	M70	51:55	+17:44
44th	Peter Dudman	SO	M70 (15th)	M70	53:20	+19:09
45th	John Simmons	BOK	M70 (16th)	M70	54:46	+20:35
46th	Graham Batty	HAVOC	M65 (28th)	M65	55:00	+20:49
47th	Alan Leakey	SLOW	M70 (17th)	M70	55:09	+20:58
48th	Jago Reynolds	SYO	M14 (1st)	Green Men	55:14	+21:03
49th	Zbig Gebka	HAVOC	M65 (29th)	M65	55:20	+21:09
50th	Mark Thompson	TVOC	M70 (18th)	M70	55:26	+21:15
51st	Anthony Lloyd	BOK	M70 (19th)	M70	55:31	+21:20
52nd	Ray Toomer	QO	M70 (20th)	M70	55:54	+21:43
53rd	Matthew Cochrane	SROC	M70 (21st)	M70	56:05	+21:54
54th	Dave Brown	HALO	M65 (30th)	M65	56:29	+22:18
55th	John Brammer	DEE	M65 (31st)	M65	56:34	+22:23
56th	Colin Jackson	HAVOC	M65 (32nd)	M65	57:38	+23:27
57th	David Rosen	SROC	M70 (22nd)	M70	58:03	+23:52
58th	Mike Capper	WAO	M70 (23rd)	M70	58:37	+24:26
59th	Chris Johnson	BOK	M70 (24th)	Green Men	58:45	+24:34

SinS Day 2: Stapeley

May 25, 2025

RESULTS

4a - Green Men - 4.7km 125m

Pos	Name	Club	Age Class	Class	Time	Behind
60th	Colin Hicks	SOC	M70 (25th)	M70	59:02	+24:51
61st	Mike Wimpenny	DEVON	M75 (3rd)	Green Men	59:27	+25:16
62nd	Martin Cook	SMOC	M65 (33rd)	M65	59:38	+25:27
63rd	Russell Buxton	DVO	M65 (34th)	M65	59:39	+25:28
64th	Chris Tolley	LEI	M40 (1st)	Green Men	59:50	+25:39
65th	Geoffrey Hollins	WRE	M70 (26th)	M65	61:41	+27:30
66th	Jonathan Hurford	BOK	M70 (27th)	M70	61:59	+27:48
67th	John Chesters	DEVON	M70 (28th)	M70	62:00	+27:49
68th	Lawrence Ferrett	SBOC	M21 (1st)	Green Men	62:58	+28:47
69th	Anthony Walker	TVOC	M60 (1st)	Green Men	62:59	+28:48
70th	James Askew	NGOC	M65 (35th)	M65	63:15	+29:04
71st	David Lloyd	LOC	M70 (29th)	M70	63:33	+29:22
72nd	John Nuttall	SELOC	M80 (1st)	Green Men	65:09	+30:58
73rd	William Dehany	CLOK	M70 (30th)	M70	66:24	+32:13
74th	Allan Darwell	BOK	M70 (31st)	Green Men	67:31	+33:20
75th	Robert Green	IND	M40 (2nd)	M65	68:06	+33:55
76th	Alan West	LEI	M65 (36th)	M65	68:46	+34:35
77th	Colin Drury	SYO	M75 (4th)	M70	71:07	+36:56
78th	Arun Sahni	SYO	M70 (32nd)	Green Men	72:22	+38:11
79th	John Lebeter	CLARO	M70 (33rd)	M70	81:14	+47:03
80th	Stephen Round	SELOC	M70 (34th)	M70	85:31	+51:20
81st	Nick Taylor	HOC	M75 (5th)	Green Men	102:38	+68:27
	John Hopper	DVO	M70	M70	m14	
	Martyn Roome	SROC	M70	M70	m4	
	Mark Heinrich	BOK	M21	Green Men	m16	
	Andy Creber	NGOC	M65	M65	w17	
	Eddie Whittle	BKO	M55	Green Men	m12	
	Nick Campbell	DEE	M65	M65	w12	
	Phil Bibby	WRE	M70	M70	rtd	

SinS Day 2: Stapeley

May 25, 2025

RESULTS

4b - Green Women - 4.7km 115m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Emma Harrison	EPOC	W50 (1st)	W50	40:00	
2nd	Christine Farr	SWOC	W50 (2nd)	W50	40:26	+0:26
3rd	Vanessa Lawson	NGOC	W50 (3rd)	W50	40:34	+0:34
4th	Alison Simmons	BOK	W70 (1st)	Green Women	41:43	+1:43
5th	Ginny Hudson	NGOC	W60 (1st)	Green Women	42:30	+2:30
6th	Deb Murrell	SROC	W55 (1st)	W55	42:37	+2:37
7th	Jackie Hallett	BOK	W65 (1st)	Green Women	43:07	+3:07
8th	Karen French	WIM	W55 (2nd)	W55	44:05	+4:05
9th	Karen Thompson	HOC	W55 (3rd)	W55	44:13	+4:13
10th	Woo Allen	SN	W60 (2nd)	W55	44:16	+4:16
11th	Jo Matthew	SROC	W50 (4th)	W50	46:03	+6:03
12th	Bronwen Doyle	SYO	W55 (4th)	W55	46:59	+6:59
13th	Ann Cummings	WCOC	W65 (2nd)	W55	47:40	+7:40
14th=	Sarah Bayliss	WRE	W55 (5th=)	W55	47:51	+7:51
14th=	Diane Jacks	WRE	W55 (5th=)	W55	47:51	+7:51
16th	Elizabeth Bales	POTOC	W60 (3rd)	W55	48:37	+8:37
17th	Freya Askham	SMOC	W50 (5th)	W50	49:23	+9:23
18th	Karen Baker	DEVON	W55 (7th)	W55	50:21	+10:21
19th	Julie Couch	EPOC	W65 (3rd)	Green Women	50:27	+10:27
20th	Fiona Hancock	BOF	W55 (8th)	W55	50:39	+10:39
21st	Maggie Hateley	DEE	W60 (4th)	Green Women	50:54	+10:54
22nd	Alison Smith	TVOC	W60 (5th)	W55	51:31	+11:31
23rd	Lisa Methven	BKO	W55 (9th)	W55	51:50	+11:50
24th	Caroline Brammer	DEE	W55 (10th)	W55	52:34	+12:34
25th	Helen Ellis	PFO	W50 (6th)	W50	52:43	+12:43
26th	Helen Rennie	WCOC	W50 (7th)	W50	52:48	+12:48
27th	Julia Crook	AIRE	W55 (11th)	W55	52:52	+12:52
28th	Helen Ashenden	SN	W60 (6th)	Green Women	53:20	+13:20
29th	Camilla Darwin	WAOC	W55 (12th)	W55	53:28	+13:28
30th	Maria Murphy	WRE	W50 (8th)	W50	53:52	+13:52
31st	Rachel Dennis	BOK	W55 (13th)	W55	54:31	+14:31
32nd	Nicola Brooke	WSX	W55 (14th)	W55	56:14	+16:14
33rd	Sharon Finch	OD	W55 (15th)	Green Women	56:15	+16:15
34th	Cinnamon Hodgson	SYO	W55 (16th)	W55	57:08	+17:08
35th	Rebecca Medlock	WSX	W50 (9th)	W50	57:23	+17:23
36th	Miranda Mackereth	HOC	W60 (7th)	Green Women	57:37	+17:37
37th	Sally Hughes	WCH	W55 (17th)	W55	58:23	+18:23
38th	Cat Edwardes	DEVON	W55 (18th)	W55	59:52	+19:52
39th	Katharine Bartram	NOR	W50 (10th)	W50	60:12	+20:12
40th	Sharon Bowes	CLARO	W55 (19th)	W55	60:54	+20:54
41st	Carolyn Dent	BOK	W60 (8th)	Green Women	61:55	+21:55
42nd	Jane Blackford	BADO	W55 (20th)	W55	64:30	+24:30
43rd	Sesu Mpala	BAOC	W35 (1st)	Green Women	64:40	+24:40
44th	Sally Ross	SBOC	W55 (21st)	Green Women	64:45	+24:45
45th	Diane Mayes	CLOK	W50 (11th)	W50	65:34	+25:34
46th	Julie K Astin	WSX	W70 (2nd)	Green Women	66:29	+26:29
47th	Alison Reynolds	DEVON	W55 (22nd)	W55	67:20	+27:20
48th	Vanessa Howsam	SYO	W50 (12th)	W50	67:32	+27:32
49th	Linda Mudd	QO	W60 (9th)	Green Women	68:30	+28:30
50th	Patricia Wong	NOC	W55 (23rd)	W55	69:11	+29:11
51st	Alison Yeates	WCH	W55 (24th)	W55	69:23	+29:23
52nd	Toni Whittle	BKO	W55 (25th)	W55	70:55	+30:55
53rd	Juliet Bentley	SROC	W55 (26th)	W55	71:24	+31:24
54th	Vivianne Lawson	OD	W55 (27th)	W55	72:02	+32:02
55th	Sandra Mather	SMOC	W55 (28th)	W55	74:24	+34:24
56th	Alexandra Radcliffe	SUFFOC	W50 (13th)	W50	76:07	+36:07
57th	Ellen Butcher	PFO	W50 (14th)	W50	77:45	+37:45
58th	Tess Knight	KERNO	W50 (15th)	W50	79:10	+39:10
59th	Christine Wilson	NGOC	W50 (16th)	W50	79:55	+39:55

SinS Day 2: Stapeley

May 25, 2025

RESULTS

4b - Green Women - 4.7km 115m

Pos	Name	Club	Age Class	Class	Time	Behind
60th	Nicola Harvey	WIM	W50 (17th)	W50	84:36	+44:36
61st	Laura Wilcox	WSX	W60 (10th)	W55	88:22	+48:22
62nd	Sarah Bryce	NGOC	W55 (29th)	W55	88:35	+48:35
63rd	Alison Cowe	WAOC	W50 (18th)	W50	90:29	+50:29
64th	Paula Furnival	POTOC	W55 (30th)	W55	108:35	+68:35
	Lucy Kingham	TVOC	W35	Green Women	m7	

SinS Day 2: Stapeley

May 25, 2025

RESULTS

5 - Short Green - 4.1km 80m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Jill Blount	SO	W65 (1st)	W65	37:00	
2nd	Janet Adams	SYO	W60 (1st)	W60	37:42	+0:42
3rd	Kate Brett	BAOC	W60 (2nd)	W60	38:31	+1:31
4th	Judith Wood	PFO	W60 (3rd)	W60	38:58	+1:58
5th	Carol Iddles	RAFO	W65 (2nd)	W65	40:52	+3:52
6th	Andrew Middleton	DVO	M75 (1st)	M75	41:42	+4:42
7th	Val Johnson	DVO	W65 (3rd)	W65	41:46	+4:46
8th	Diana Nicoll	BOK	W65 (4th)	W65	42:16	+5:16
9th	Michael Bickle	WAOC	M75 (2nd)	M75	42:35	+5:35
10th	Carol Prosser	BAOC	W60 (4th)	W60	42:55	+5:55
11th	David Palmer	BOK	M75 (3rd)	M75	43:36	+6:36
12th=	Tony Thornley	AIRE	M75 (4th)	M75	43:49	+6:49
12th=	Diane Leakey	SLOW	W65 (5th)	W65	43:49	+6:49
14th	Fiona Sellar	ERYRI	W65 (6th)	W65	44:38	+7:38
15th	Kathleen Haynes	WAOC	W65 (7th)	W65	44:54	+7:54
16th	Lucy Paton	SN	W60 (5th)	W60	45:39	+8:39
17th	John Robinson	WCH	M75 (5th)	M75	46:01	+9:01
18th=	Marcia Bradbury	SYO	W65 (8th)	W65	46:35	+9:35
18th=	Kim Buxton	DVO	W60 (6th)	W60	46:35	+9:35
20th	Cath Lee	LOC	W60 (7th)	W60	46:40	+9:40
21st	David May	SLOW	M75 (6th)	M75	46:55	+9:55
22nd	Carol Dredge	WCH	W65 (9th)	W65	47:05	+10:05
23rd	Cathy Kelly	AIRE	W60 (8th)	W60	47:31	+10:31
24th	Anna Nilsen	DEE	W65 (10th)	W65	47:48	+10:48
25th	Christine Jepson	SO	W65 (11th)	W65	48:07	+11:07
26th	Lindsey King	AIRE	W60 (9th)	W60	48:13	+11:13
27th	Helen Kelsey	BOK	W65 (12th)	W65	48:56	+11:56
28th	Colette Du Toit	NGOC	W60 (10th)	W60	49:14	+12:14
29th	Rodney White	WIM	M50 (1st)	Short Green	49:18	+12:18
30th	John Padget	DEE	M80 (1st)	M75	49:24	+12:24
31st	Eliza Hermann	HH	W60 (11th)	W60	49:33	+12:33
32nd	Claire Bushnell	WCH	W60 (12th)	W60	50:19	+13:19
33rd	Jane Lambert	SO	W65 (13th)	W60	50:58	+13:58
34th	Pam Brown	HALO	W65 (14th)	W65	51:08	+14:08
35th	Peter Ross	MDOC	M75 (7th)	M75	51:23	+14:23
36th	Don Cload	NGOC	M75 (8th)	M75	51:25	+14:25
37th	Pat Moody	DEE	W65 (15th)	W65	51:34	+14:34
38th	Jennifer Gebka	HAVOC	W60 (13th)	W60	52:08	+15:08
39th=	Chris Virgo	DEVON	M75 (9th)	M75	52:17	+15:17
39th=	Edward Griffiths	DFOK	M50 (2nd)	Short Green	52:17	+15:17
41st	Stuart Swalwell	DVO	M75 (10th)	M75	52:23	+15:23
42nd	Jacqueline Embrey	SROC	W65 (16th)	W65	52:29	+15:29
43rd	Viv Hodson	HH	W60 (14th)	W60	52:39	+15:39
44th	Helen Nisbet	SMOC	W60 (15th)	W60	52:52	+15:52
45th	Jim Mallinson	SLOW	M75 (11th)	M75	53:02	+16:02
46th=	Adele Appleby	QO	W60 (16th)	Short Green	53:03	+16:03
46th=	Mike Callow	WRE	M80 (2nd)	M75	53:03	+16:03
48th	Barry Houghton	WRE	M75 (12th)	Short Green	53:04	+16:04
49th	James Martin	CLOK	M16 (1st)	Short Green	53:48	+16:48
50th	Susan Crickmore	SO	W60 (17th)	W60	53:59	+16:59
51st	Ian Cooper	SYO	M75 (13th)	M75	54:19	+17:19
52nd	Ruth Harris	DEE	W55 (1st)	Short Green	54:29	+17:29
53rd	Jillyan Dobby	MDOC	W70 (1st)	Short Green	54:31	+17:31
54th	Debbie Charlton	SMOC	W65 (17th)	W65	54:33	+17:33
55th	Keiko Conway	GO	W60 (18th)	W60	55:56	+18:56
56th	Ranald Macdonald	DVO	M70 (1st)	Short Green	56:12	+19:12
57th	Fiona Clough	BKO	W60 (19th)	W60	56:21	+19:21
58th	David Mullins	SARUM	M75 (14th)	M75	56:28	+19:28
59th	Janet Leake	EBOR	W65 (18th)	W65	56:36	+19:36

SinS Day 2: Stapeley

May 25, 2025

RESULTS

5 - Short Green - 4.1km 80m

Pos	Name	Club	Age Class	Class	Time	Behind
60th	Christine Collins	WCH	W65 (19th)	W65	57:04	+20:04
61st	Rick Roberts	HOC	M70 (2nd)	Short Green	57:17	+20:17
62nd	Katherine Pike	WIM	W60 (20th)	W60	57:46	+20:46
63rd	Wendy West	LEI	W60 (21st)	W65	57:55	+20:55
64th	Jim Cooke	POTOC	M60 (1st)	Short Green	58:13	+21:13
65th	Roger Hargreaves	KERNO	M75 (15th)	M75	58:41	+21:41
66th	Gill Sharp	SN	W65 (20th)	W65	58:58	+21:58
67th	Janet Hill	WRE	W70 (2nd)	Short Green	59:04	+22:04
68th	Rachel Alexander	OD	W65 (21st)	W65	59:16	+22:16
69th=	David Battison	SARUM	M75 (16th)	Short Green	59:35	+22:35
69th=	Nicola Hart	DVO	W60 (22nd)	W60	59:35	+22:35
71st	Jill Cochrane	SROC	W65 (22nd)	W65	59:58	+22:58
72nd	Susan Birtwistle	CLARO	W65 (23rd)	W65	60:19	+23:19
73rd	Ian Couch	EPOC	M75 (17th)	Short Green	60:35	+23:35
74th	Karen Quickfall	SROC	W60 (23rd)	W60	60:43	+23:43
75th	Paul Taunton	NGOC	M75 (18th)	M75	61:03	+24:03
76th	Denis Murphy	DEE	M75 (19th)	M75	61:18	+24:18
77th	Mick Sadler	HOC	M75 (20th)	Short Green	61:34	+24:34
78th	Alan Starling	NGOC	M70 (3rd)	Short Green	62:55	+25:55
79th	Gary Waters	SBOC	M75 (21st)	M75	63:07	+26:07
80th	Ellen Starling	NGOC	W65 (24th)	Short Green	63:31	+26:31
81st	Dave Skidmore	DVO	M75 (22nd)	M75	63:45	+26:45
82nd	Christopher Moon	BOK	M75 (23rd)	Short Green	65:07	+28:07
83rd	Julie Collins	DFOK	W65 (25th)	W65	66:09	+29:09
84th	Caroline Potter	BOK	W60 (24th)	W60	66:40	+29:40
85th	Marie Roberts	MDOC	W65 (26th)	Short Green	67:34	+30:34
86th	Osmond Gardner	CLOK	M70 (4th)	Short Green	69:19	+32:19
87th	Ruth Rhodes	SO	W80 (1st)	W65	71:35	+34:35
88th	Vicky Fieldhouse	QO	W60 (25th)	W60	73:39	+36:39
89th	David Deakin	WRE	M65 (1st)	Short Green	73:45	+36:45
90th	Marian Denham	POTOC	W75 (1st)	Short Green	74:00	+37:00
91st	Peter Yoxall	POTOC	M75 (24th)	Short Green	74:11	+37:11
92nd	Jean Fitzgerald		W70 (3rd)	Course 5	74:36	+37:36
93rd	Karen Lewis	QO	W55 (2nd)	Short Green	75:58	+38:58
94th	Gillian Prowse	SN	W65 (27th)	W65	78:07	+41:07
95th	Amanda Bailey	SN	W60 (26th)	Short Green	79:07	+42:07
96th	Viv Macdonald	DVO	W70 (4th)	Short Green	83:59	+46:59
97th	Grace Au	SMOC	W60 (27th)	W60	87:10	+50:10
98th	Gary Wakerley	NGOC	M65 (2nd)	Short Green	89:42	+52:42
99th	Helen Taylor	DEVON	W65 (28th)	Short Green	92:32	+55:32
100th	Robert Page	EPOC	M75 (25th)	M75	95:25	+58:25
101st	Graham Urquhart	OD	M70 (5th)	Short Green	96:25	+59:25
102nd	Michael Stanley	BOF	M70 (6th)	Short Green	106:48	+69:48
	Philip Cooper	WIM	M75	M75	m19	
	Chris Burden	AIRE	M75	M75	w6	
	Stella Lewsley	BL	W70	W65	m17	
	Barry McGowan	HOC	M75	M75	m13-14 w18	
	Chris Shaw	HAVOC	M75	M75	m6	

SinS Day 2: Stapeley

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RESULTS

6 - Very Short Green - 3.3km 65m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Ian Jones	ERYRI	M55 (1st)	Very Short Green	27:46	
2nd	Peter Carey	OD	M80 (1st)	M80	34:05	+6:19
3rd	Rosie Wych	QO	W70 (1st)	W70	35:41	+7:55
4th	Sue Hands	WIM	W75 (1st)	W75	36:38	+8:52
5th	Margaret Warlow	BOK	W40 (1st)	Very Short Green	36:54	+9:08
6th	Roger Maher	SO	M85 (1st)	M85	37:19	+9:33
7th	Keith Henderson	WIM	M80 (2nd)	M80	38:47	+11:01
8th	Frank Ince	SWOC	M80 (3rd)	M80	39:21	+11:35
9th	Ian Peirce	SARUM	M80 (4th)	M80	39:50	+12:04
10th	Robert Verity	DEE	M80 (5th)	M80	40:08	+12:22
11th	Sheila Carey	OD	W75 (2nd)	W75	40:31	+12:45
12th	Jasmine Bennett	SO	W70 (2nd)	W70	40:48	+13:02
13th	Brian Hart	DEVON	M80 (6th)	M80	40:52	+13:06
14th	Ted McDonald	BOK	M80 (7th)	M80	41:49	+14:03
15th	Rosalind Taunton	NGOC	W75 (3rd)	W75	42:22	+14:36
16th	Noreen Ives	WAOC	W70 (3rd)	W70	43:39	+15:53
17th	Jessica Weaver	WRE	W16 (1st)	Very Short Green	44:31	+16:45
18th	Ann Harris	SMOC	W70 (4th)	W70	44:50	+17:04
19th	Diana McClure	SBOC	W75 (4th)	W75	44:53	+17:07
20th	Anne Wilson	AIRE	W70 (5th)	W70	46:01	+18:15
21st	John Russell	SOS	M80 (8th)	M80	46:36	+18:50
22nd	Sue Hooper	HH	W70 (6th)	W70	46:45	+18:59
23rd	Rex Bleakman	DVO	M80 (9th)	M80	47:13	+19:27
24th	Anne May	SWOC	W75 (5th)	W75	47:30	+19:44
25th	Denise Mullins	SARUM	W70 (7th)	W70	47:38	+19:52
26th	Ruth Ellis	DVO	W70 (8th)	W70	47:46	+20:00
27th	Miriam Rosen	SROC	W75 (6th)	W75	48:32	+20:46
28th	Sally Thomas	BOK	W80 (1st)	W80	48:33	+20:47
29th	Sue Roome	SROC	W70 (9th)	W70	48:48	+21:02
30th	Sue Hallett	OD	W75 (7th)	W75	49:31	+21:45
31st	Sue Toomer	QO	W70 (10th)	W70	50:01	+22:15
32nd	Charlotte Thornton	SARUM	W80 (2nd)	W80	50:33	+22:47
33rd	Martin Cross	WIM	M80 (10th)	M80	50:57	+23:11
34th	Christine King	BOK	W75 (8th)	W75	51:45	+23:59
35th	Jean Lochhead	EPOC	W75 (9th)	W75	52:44	+24:58
36th	John Bowman	OD	M80 (11th)	M80	52:47	+25:01
37th	David Ball	NOR	M80 (12th)	M80	52:59	+25:13
38th	Mike Atherton	LOC	M80 (13th)	M80	53:28	+25:42
39th	Ruth Chesters	DEVON	W75 (10th)	W75	53:59	+26:13
40th	Christine Middleton	DVO	W75 (11th)	W75	54:06	+26:20
41st	Roger Craddock	QO	M80 (14th)	M80	54:08	+26:22
42nd	Trevor Simpson	OD	M85 (2nd)	M85	54:15	+26:29
43rd	Jane Campbell	DEE	W65 (1st)	Very Short Green	54:19	+26:33
44th	Clare Fletcher	BOK	W80 (3rd)	Very Short Green	55:16	+27:30
45th	Alison Sloman	HOC	W85 (1st)	W85	55:41	+27:55
46th	Elsie Hargreaves	KERNO	W75 (12th)	W75	55:53	+28:07
47th	Hazel Bickle	WAOC	W70 (11th)	W70	56:51	+29:05
48th	Barbara Verity	DEE	W75 (13th)	W75	57:02	+29:16
49th	Jackie Page	EPOC	W75 (14th)	W75	57:54	+30:08
50th	Gemma Ricketts	W40 IND		Very Short Green	58:29	+30:43
51st	Sue Bicknell	LEI	W80 (4th)	W80	59:56	+32:10
52nd	Geraldine Russell	SOS	W80 (5th)	W80	60:37	+32:51
53rd	Bob Elmes	DEE	M80 (15th)	M80	60:57	+33:11
54th	Rosie Shaw	SMOC	W75 (15th)	W75	61:04	+33:18
55th	Monika Cooper	SYO	W80 (6th)	W80	64:17	+36:31
56th	Jean Rostron	POTOC	W80 (7th)	Very Short Green	71:23	+43:37
57th	Beryl Pring	SAX	W75 (16th)	W75	72:28	+44:42
58th	Elizabeth Urquhart	OD	W70 (12th)	Very Short Green	72:29	+44:43
59th	Rachel Thomas	SMOC	W70 (13th)	W70	73:30	+45:44

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RESULTS

6 - Very Short Green - 3.3km 65m

Pos	Name	Club	Age Class	Class	Time	Behind
60th	Rod Shaw	EPOC	M85 (3rd)	M85	76:05	+48:19
61st	Susan Hindle	IND	W70 (14th)	W70	76:49	+49:03
62nd	Jo Thornley	AIRE	W75 (17th)	W75	80:38	+52:52
63rd	Gillian Cross	WIM	W80 (8th)	W80	82:14	+54:28
64th	Geoff Sara	HOC	M85 (4th)	M85	90:15	+62:29
65th	Hilary Simpson	OD	W85 (2nd)	W85	92:52	+65:06
66th	Julie Brook	MDOC	W75 (18th)	W75	101:39	+73:53
67th	Freda Peirce	SARUM	W80 (9th)	W80	105:55	+78:09
	Jeff Haycock	WRE	M80	M80	m7 m12	
	Jean Payne	DEE	W70	W70	w1	

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RESULTS

7 - Light Green - 3.5km 70m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Samuel Crook	AIRE	M14 (1st)	M14	23:25	
2nd	Samuel Hudson	HOC	M14 (2nd)	M14	26:23	+2:58
3rd	Alice French	WIM	W14 (1st)	W14	29:01	+5:36
4th	Ceci Knight	KERNO	W14 (2nd)	W14	29:33	+6:08
5th	Alethea Carr	AIRE	W14 (3rd)	W14	30:16	+6:51
6th	Ethan Radcliffe	SUFFOC	M14 (3rd)	M14	31:22	+7:57
7th	Douglas Innes-Farr	SWOC	M14 (4th)	M14	32:32	+9:07
8th	Darrio Mukyiu Tam	HH	M14 (5th)	M14	33:39	+10:14
9th	Cara Tolley	LEI	W14 (4th)	W14	36:23	+12:58
10th	Andrew Tang	OD	M14 (6th)	M14	36:37	+13:12
11th	Kathryn Weaver	WRE	W45 (1st)	Light Green	42:40	+19:15
12th	Julia Allinson	WRE	W50 (1st)	Light Green	42:44	+19:19
13th	Emily Finch	SBOC	W21 (1st)	Light Green	43:31	+20:06
14th	Niamh Mitchell	HH	W14 (5th)	W14	43:55	+20:30
15th	Sonia Hudson	HOC	W40 (1st)	Light Green	44:26	+21:01
16th	Pippa Blackmore	HOC	W14 (6th)	W14	47:32	+24:07
17th	Iris Landrigan	BOK	W14 (7th)	W14	51:53	+28:28
18th	Scott Carr	IND	M40 (1st)	Light Green	52:32	+29:07
19th	Russell McCreadie	WIM	M16 (1st)	Light Green	57:22	+33:57
20th	Tina Bennett	DFOK	W45 (2nd)	Light Green	65:46	+42:21
21st	Martin Mitchell	HOC	M55 (1st)	Light Green	83:54	+60:29
22nd	Leokadia Acres	IND	W45 (3rd)	W14	86:39	+63:14
23rd	Gwenda Perry	BOK	W55 (1st)	Light Green	96:19	+72:54
24th	Rachel Wood + family	IND		Light Green	168:17	+144:52
	Seb Blackmore	HOC	M14	M14	w11	
	Alys Powell	WAOC	W14	W14	m4	

SinS Day 2: Stapeley

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RESULTS

8 - Orange - 2.9km 45m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Elysia Cowe	WAOC	W12 (1st)	W12	24:58	
2nd	Zebedee Harlock-Askew	NGOC	M12 (1st)	M12	25:25	+0:27
3rd	Alexander Harlock-Askew	NGOC	M12 (2nd)	M12	25:38	+0:40
4th	Charlie Alcock	AIRE	M12 (3rd)	M12	25:53	+0:55
5th	Yvonne Green	TVOC	W40 (1st)	Orange	27:30	+2:32
6th	Joey Fox	HOC	M12 (4th)	M12	29:21	+4:23
7th	David Bliss	PFO	M65 (1st)	Orange	31:00	+6:02
8th	Timothy Green	TVOC	M10 (1st)	Orange	32:00	+7:02
9th	Justin Lloyd	IND	M21 (1st)	Orange	32:07	+7:09
10th	George Ricketts	AIRE	M12 (5th)	M12	33:13	+8:15
11th	Annie Lewis	WRE	W12 (2nd)	W12	33:53	+8:55
12th	Kotomi Carr	IND	W45 (1st)	Orange	35:21	+10:23
13th	Penny Pinker-Hull	AIRE	W12 (3rd)	W12	41:22	+16:24
14th	Annabelle Lewis	QO	W18 (1st)	Orange	46:46	+21:48
15th	Isla Findlay	DFOK	W12 (4th)	Orange	51:25	+26:27
16th	Richard McDonald	BOK	M50 (1st)	Orange	51:43	+26:45
17th	Georgina Hudson	HOC	W12 (5th)	W12	52:22	+27:24
18th	Barbara Page		W55 (1st)	Orange	52:59	+28:01
19th	Jacqueline Tett	IND	W60 (1st)	Orange	57:22	+32:24
20th	Emma Palmer	IND	W55 (2nd)	Orange	58:56	+33:58
21st	Natalie Barker-Pilsworth	RAFO	W50 (1st)	Orange	60:57	+35:59
22nd	Roger Pring	SAX	M80 (1st)	Orange	65:16	+40:18
23rd	Alison Hurford	BOK	W65 (1st)	Orange	66:47	+41:49
24th	Isabel Jones	ERYRI	W21 (1st)	Orange	72:02	+47:04
25th	Louise Light	SOC	W55 (3rd)	Orange	75:02	+50:04
26th	Sally Ingram	HOC	W65 (2nd)	Orange	95:26	+70:28
27th	Margaret Shaw	EPOC	W70 (1st)	Orange	102:58	+78:00
28th	John Riley	WRE	M85 (1st)	Orange	129:25	+104:27

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RESULTS

9 - Yellow - 2.1km 35m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Sebastian Carr	AIRE	M10 (1st)	M10	13:11	
2nd	Alfie Alcock	AIRE	M10 (2nd)	M10	14:44	+1:33
3rd	Esther Eaton	WAOC	W10 (1st)	W10	15:28	+2:17
4th	Jake Fox	HOC	M10 (3rd)	M10	16:44	+3:33
5th	Joby Pinker-Hull	AIRE	M10 (4th)	M10	16:55	+3:44
6th	Danny Fox	HOC	M10 (5th)	M10	21:52	+8:41
7th	Hana Powell	WAOC	W10 (2nd)	W10	22:27	+9:16
8th	Suranne Tolley	LEI	W10 (3rd)	W10	27:22	+14:11
9th	Robin Green	TVOC	M10 (6th)	M10	30:10	+16:59
10th	Tristan Mccreadie	WIM	M12 (1st)	Yellow	31:31	+18:20
11th	Isobel Ricketts	AIRE	W10 (4th)	W10	32:53	+19:42
12th	Susan Roberts	HOC	W75 (1st)	Yellow	38:00	+24:49
13th	Asher Ng		M10 (7th)	Yellow	47:07	+33:56
	Gabriel Mee	SMOC	M10	M10	w11	
	Daniel Tang	OD	M10	M10	m13	

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RESULTS

10 - White - 1.4km 15m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Oscar Buxton	DVO	M10 (1st)	White	12:13	
2nd	Edie Evans	IND	W10 (1st)	White	13:23	+1:10
3rd	Lewis Kieniewicz	WRE	M10 (2nd)	White	13:29	+1:16
4th	Edward Lewis	WRE	M10 (3rd)	White	13:30	+1:17
5th	Max Green	EPOC	M10 (4th)	White	14:11	+1:58
6th	Helen Eaton	WAOB	W10 (2nd)	White	17:54	+5:41
7th	Seren Brett	DVO	W12 (1st)	White	18:22	+6:09
8th	Elsa Evans	IND	W10 (3rd)	White	19:19	+7:06
9th	Tessa Green	EPOC	W10 (4th)	White	19:55	+7:42
10th	Lara Schorah	NOC	W10 (5th)	White	22:20	+10:07
11th	Cordelia Slade-Stott	IND	W10 (6th)	White	23:27	+11:14
12th	Flossy Kinghorn	TVOC		White	23:39	+11:26
13th	Violet Farrell	MDOC	W10 (7th)	White	26:41	+14:28